# Start Dinghy Sailing at Fishmoor

Summer 2024

At Fishmoor we have access to a range of sailing dinghies which are all great boats for beginners and great fun to sail. We can put a maximum of 12 people out on the water in one session, but it depends on the lead instructor's risk assessment on the night, based upon the weather forecast, ability of participants and general conditions.

Sessions start at 6:30pm and finish at 9pm.

The cost is £6 per head, to be paid in cash on the night or in advance electronically to: -

West Lancashire County Scout Council Paddlesport

Sort code: 162833

Account number: 10766668

Please note sailing is very much weather dependant, and in the interests of safety, sessions may be cancelled at short notice.

### Information for Group Leaders

It is a requirement that there is a leader on shore whilst the young people are on the water, in case any of the group need to come off the water. Please ensure that each participant has a completed an Activity Information Form or similar parental permission form. There MUST be an "In Touch" system in place.

Let us know in advance if you have any non-swimmers so we can so we can ensure adequate supervision on the water

Please pass the following information on to your young people and their parents:

## What to wear and bring with you!

It's always cooler on the water than on land so it's wise to bring an extra layer. We've never had anyone being too warm but there's been plenty who've had to come in due to being cold!

- Wetsuit if you have one.
- Shorts/ tracksuit trousers and T-shirt/long sleeved top (No jeans)
- Lightweight jumper / fleece (not hoodies)
- Waterproof trousers (and waterproof top if you have one)
- Wet shoes / old trainers
- Towel
- Full change of dry, warm clothes and footwear (you are likely to get wet!)
- Snack and a hot drink for after
- Long hair MUST be tied back, and any piercings removed/covered up
- Glasses need to be securely fastened.
- Please note wellies / crocs / sandals are NOT appropriate footwear for dinghy sailing.

#### What's provided?

- Buoyancy Aids
- Helmets
- Windproof tops

#### Directions to Fishmoor

Directions to Fishmoor from the M65: Leave the M65 at Junction 5. As you come off the slipway keep left. Follow the road round to the left to the main traffic lights. Turn left down Blackamoor Rd, passing Guide Reservoir. Continue to the next set of lights, the immediately after the lights turn right, through a gate onto a track. Follow the track down to where the track widens out and park on the right at the bottom of the mound. The postcode BB1 2LL will get you onto Blackmore Road.

The What3Words address is finely.torn.result

### Venue

There are toilets and changing rooms on site (near the entrance gate). Feel free to come ready dressed as it saves time at the beginning of the session. The changing rooms have a keypad on, the code is: C4689X

The site has two reservoirs, the one at the top of the mound is Guide reservoir. Please note there are no guard rails at the top, with a steep drop into the reservoir. **The mound and Guide reservoir are out of bounds.** 

At the end of the track, there is a compound area and containers where the boats and equipment are stored. There is a gate leading to the slipway down to Fishmoor reservoir. Buoyancy Aids are a requirement for anyone passing through the gate. There are plenty of Buoyancy Aids in a range of sizes. The best place to have a good view of the reservoir, is through the gate on the left side of the slipway, near the wall.

There is a no smoking policy on site.

The ground is uneven and around the compound area, there will be a lot of movement of trailers, trolleys, boats and equipment. So please take care especially with younger children.

Please familiarise yourself with the risk assessment.

Look forward to seeing you on the water!

Any questions please ring Andy Greenough 07778 858 326