Very soon you will be sailing Setanta on Ullswater!

About Setanta

'Setanta' is a 24' yacht based on Ullswater. She is great for an introduction to yachting and offers affordable access to cruising and sail training for youth groups and a fantastic opportunity to explore the beautiful Lake District.

About the Yachting Team

The Yachting Team are members of West Lancs Scouts' water activities team: SplAShU. We are volunteers who hold adventurous activities permits for yachting and RYA qualifications. The team has many years' experience and are passionate about offering yachting to young people who may not otherwise have opportunity to experience this amazing sport. We are self-funding and charge the minimum possible whilst covering our costs.

If you would like to join the Yachting Team, please contact setanta@westlancsscouts.org.uk

Group size

Your group can have up to 6 on board at any time, comprising 5 young people and one of your leaders. You can have a maximum of 3 groups in one day – a total of 15 young people and 3 leaders.

Finding Us

Setanta is moored on Ullswater at <u>Ullswater Yacht Club</u>. The <u>entrance to the Yacht Club is here</u>. There are a car park and on-site facilities.

What will the day be like?

Your day will start at 10am and last until approximately 3pm. Your skipper will meet you at the entrance to the Yacht Club.

The structure of your day will depend on how many young people you bring.

If you bring the maximum of 15 young people, they will be split into 3 crews of 5. Each crew will sail for about an hour and a half each with a lunch break of 30 minutes. You will need to arrange alternative activities for when crews are not sailing. These could be at the Yacht Club or off-site.

If you bring a single crew, they will have the whole day to explore Ullswater on Setanta.

Each crew will experience:

- a thorough safety briefing;
- time to familiarise with the yacht and 'learn the ropes';
- opportunity to steer the yacht and adjust the sails;
- instruction to develop a range of sailing skills, such as: tacking, gybing, leaving and returning to the jetty, man overboard drills (no-one actually gets in the water!)

Talk to your skipper to plan the day you want and get the most out of your adventure.

Clothing and Equipment

We will provide a lifejacket. You must provide all other clothing and equipment.

Yachting does not require you to get into the water – you shouldn't get wet other than from rain and some light spray.

The weather can change quickly in the Lake District, so we suggest that you prepare for all weathers! We recommend that you bring:

Full waterproofs – jacket and trousers	Sunglasses
Warm jacket/ fleece	Sun screen/ block
Sun hat/ cap/ bobble hat	Medication
Trainers or yachting boots (not walking boots)	Spectacles – make sure that they are secured to your clothing in case they fall off

Food & Drink

We'd recommend bringing a packed lunch and snacks to eat whilst you are out sailing. Remember to bring drinks too. There are no cooking facilities on board Setanta. If you prefer to eat out, you'll find cafes in nearby Pooley Bridge (1.8 miles).

There is no running water on board Setanta so we recommend that you bring and use hand wipes or hand sanitizer before eating and drinking.

Other preparation

You'll need to complete all necessary adventurous activity paperwork in advance. We can't do this for you. You will find more information on the <u>Scouts yachting pages</u>.

Your skipper will want to know the crew's swimming ability and their level of water confidence. Please also brief your skipper on any relevant health issues.

What about safety?

Your skipper will always have your safety as their top priority. The number of people on board and the activities that you do will be at the discretion of your skipper. Your skipper may change the format and content of the day to suit the conditions and the crew's level of experience to ensure the safety, comfort and safeguarding of everyone.

We provide a risk assessment on our website for yachting, which you should download and read. You also need to complete a full risk assessment yourself.

What badges can the crew gain?

We aim to give every person on board a chance to sail Setanta. That includes controlling the sails and steering a course. To get the most out of your trip talk to your skipper about what you and your crew want to achieve. Setanta has activities on board aimed at learning about sailing and achieving scout badges. Your young people can work towards various badges, including:

- <u>Time on the Water</u>
- Nautical skills
- Sailing staged activity badge

Complete the requirements and your skipper can issue a completion certificate.

What other activities can we do nearby?

You will need to supervise your group when they are not sailing and provide them with other off-site activities. We are unable to do this for you.

There are lots of other activities available nearby. These include:

- <u>Ullswater Yacht Club Short courses, sessions and hire (Please tell them you are with</u> Setanta)
- Hillwalking
- <u>Ullswater Steamers</u>
- Aira Force
- Pooley Bridge
- Ullswater Way
- Ullswater ebikes
- <u>Lake District National Park ideas</u>
- Explore Eden

Can we stay nearby?

Ullswater Yacht Club may be able to offer camping especially if your visit is midweek. Please <u>contact</u> the Yacht Club. Tell them that you are Scouts and will be sailing on Setanta.

There are also plenty of other places to stay nearby.

What about cancellations?

If you need to cancel your booking, please speak to your skipper as soon as possible. You should also email setanta@westlancsscouts.org.uk so that we can release the booking date for another group. You may choose to re-book or receive a refund.

We do occasionally have to cancel bookings due to unsafe conditions. We will give you as much notice as possible but sometimes we will have to cancel at short notice, even on the day when you are stood on the jetty. This will be at the judgement of your skipper who will only set sail in conditions that are safe for your group. You may choose to re-book or receive a refund. Unfortunately, we cannot cover any of your other costs.

Got a question?

Your skipper will be in touch nearer the time to clarify all aspects of your adventure. In the meantime, for general queries contact setanta@westlancsscouts.org.uk