SplAShU Summer Paddling Sessions @ Spade Mill

Venue: Spade Mill Reservoir, Longridge, PR3 2YN.

The entrance can be a bit tricky to spot first time around. Heading out from Longridge, if you take the left at the Corporation Arms onto Lower Road (B6243) the entrance to Spade Mill is on the left a few hundred meters down the road as you get to the end of the long left-hand bend. You will see a small layby on the left and a gate into the reservoir. The What3Words address for the entrance gate to the reservoir is https://w3w.co/happier.regaining.penned

Price: £6 per person to be paid on the County website. You will be sent details of how to do this once you have booked on. Please think carefully about your numbers as you will be charged by how many you book on, not how many turn up on the night! Please be aware if you bring extra youngsters, they are not guaranteed a place for the evening as permit numbers may not allow this.

Session may be cancelled due to poor weather. We will let you know if this is the case on the morning of the session.

Timings

- 6:30pm Arrival and help get kit out.
- 7-8:30pm On the water
- 8:30-9pm Pack kit away and get changed.
- 9pm Site closed.

Session Content

The exact content will vary depending on the experience of the young people, what they wish to achieve and which craft you would prefer to be in. Please let us know in advance if you have a preference of craft type (canoe, kayak or SUP) or if you have any specific aims for the session.

Remember as leaders it is your responsibility to get your Scout Explorers to complete the activity permission form and inform the instructors of any medical or special needs when you arrive

Kit List

A full set of clothes to get wet. If participants arrive wearing these it will save some time!

- T-shirt and a fleece/jumper
- Waterproof/windproof jacket, waterproof over-trousers. The waterproofs will help to keep the participants dry and keep the wind off them as the location tends to be a rather breezy one!
- Shorts/tracksuit/leggings (NO JEANS)
- Shoes such as old trainers. They will need to stay on their feet if they are in the water... NO wellies, walking boots or flip flops!
- Remember they will be getting wet, and the water will be cold! If you have a wetsuit or any other water sports clothes/shoes wear them!
- Towel & a full change of warm clothes to get changed Into. Don't forget shoes!

Buoyancy Aids will be provided by the centre.

If the Instructor feels that participants do not have the correct kit to wear, they will not be allowed on the water for their own safety.

Parents can arrive to pick up their child from 8:30 onwards.

Any questions please ring: Phil Howarth – 07770776567

Or e mail: <u>paddlesports@westlancsscouts.org.uk</u>