

Scouting at Home



Welcome

As we finished writing this 3rd Edition of Scouting at Home, the National Youth Agency (and Scout Headquarters) readiness level was reduced from Red to Amber. This means that sections can start to think about resuming some face to face Scouting.

I'm sure that lots of you are keen to get back to activities in the great outdoors, but others may not feel ready or able to resume face to face activities currently. There is no expectation of when you should hold your first outdoor meeting and there is no rush. Every Section and Group will have different circumstances and will know what is right for them.

Safety is the number one priority, and you should take some time to familiarise yourself with the Scout Framework and Covid Code:

scouts.org.uk/volunteers/scouts-at-home/getting-everyone-back-together-safely/

We're pleased to bring you another great range of activities this time and recommend you consider a blended programme with some Scouting at Home activities as well as some face to face activities once your restart plans are approved. This combination will help you ensure everyone in your section enjoys a great Scouting programme.

Although many groups traditionally take a long break over the school holidays, with fewer families planning trips away this year it may be an opportunity to take advantage of the warmer weather to run some outdoor meetings. With this in mind we will be dedicating our next edition to activities we think would work well within the new guidance.

As always we welcome your feedback and ideas to: ideas@westlancsscouts.org.uk

Finally, the whole team recognises that the last few months have been really tough for people in their personal lives as well as in Scouting. I know from many stories I've heard that Scouting is making a difference and is appreciated by our members and parents at this time. Thank you for everything you have been doing to keep Scouting going and support young people.

Andrew Hobson
Deputy County Commissioner
Chair of Programme & Training Team

BEAVERS

- S** Shortbread – make some for a tasty afternoon treat -
https://www.bbc.co.uk/food/recipes/katys_shortbread_35940
- C** Collection – start your own collection of something that interests you e.g. shells / stamps / pressed wildflowers.
- O** Origami – the Japanese are of paper folding. What can you make?
<https://www.easypeasyandfun.com/easy-origami-for-kids/>
- U** Underwater fireworks - Plastic bottle or cup, tap water, food colouring, Alka-Seltzer.
- Put vegetable oil into a plastic cup or bottle and top up with water
- add food colouring, leave to set (5 mins max)
- add Alka-Seltzer.
- Watch and record results
- T** Towers – how tall a tower can you build? What are the best materials to use?
- I** Instruments - make one out of your recycling (maracas / guitar / drums / drumsticks etc.)
- N** Newspapers are full of upsetting and scary stories at the moment. Can you write some happy, good news articles and make up your own newspaper for your Colony?
- G** Garden – what wildlife visits your garden? Can you make a bug hotel or butterfly feeder to attract some? <https://www.angieslist.com/articles/attract-butterflies-making-diy-feeder-6-simple-steps.htm>
- A** Arm's length art - Tie your pencil, crayon or chalk to the end of a long stick and see whether you can draw a picture of your family.
- T** Trails – using common tracking symbols, can you lay a trail for a family member to follow?
https://www.scoutresources.org.uk/SR/codes/codes_tracking.html
- H** Handprints - Can you make a picture using the handprints of everyone in your family? Perhaps you could send it to a grand parent or relative you can't see at the moment
- O** Outdoor cooking – can you make a starter, main course or a dessert (or all three) on a fire outdoors?
[Pocket Pizzas](#) or [Campfire Crisp](#) or [Campfire Chocolate Oranges](#).
- M** Mindfulness – it's been a long time since we entered lockdown and, now more than ever we need to look after ourselves as well as each other. [Wellbeing](#) or [Kindness](#).
- E** Emergency - learn your address and a telephone number. Discuss with an adult how to dial 999, who to ask for and why it should never be done as a joke.

cubs

- S Sewing – make a washable face mask. [Click here.](#)
- C Carbon footprint – complete the activity [here.](#)
- O Outdoor oven – build an outdoor oven! Follow the instructions [here.](#)
- U Upcycling – try one of the upcycling ideas [here.](#)
- T Time capsule - Collect some items from the lockdown and bury in your garden for someone to find in the future.
- I Inspiration – read the life story of one of your heroes.
- N Night hike – take your family on a night hike. Make sure they have all the right equipment first. Follow the guide lines: <https://www.blacks.co.uk/blog/hiking-at-night-a-beginners-guide>
- G Ging Gang Goolie – learn a new campfire song. [Click here.](#)
- A A is for.....learn 5 new words beginning with A: <http://phrontistery.info/a.html>
- T Teach a new skill – teach someone in your house a scouting skill.
- H Hats – Make your own sunhat.
- O Oats – ask someone to help you make flapjacks: <http://saucepankids.com/recipe/saucepan-kids-flapjacks/>
- M Magic – learn a magic treat. <https://www.care.com/c/stories/4051/easy-magic-tricks-for-kids/>
- E Environment – join the Cool Earth team and take part in some of their activities : <https://kidsforsavingearth.org/programs/cool-earth-team/>



SCOUTS

- S Secret Code – You could use letters, numbers, pictures or something else! Can someone else crack it?
- C Calculate – your age in seconds!
- O Outer Space - recite from memory, the solar system in order (first one is the sun)
- U Union Jack- create a flag from things at home, take a picture and share a photo with your family.
- T Tie - a reef knot behind your back, how fast can you do it?
- I Iron – your scout necker.
- N Night Out - sleep in an unusual place, in the front room, under the stars, even in the bath (no water required!)
- G Gold - what do you need to do for your Chief Scouts Gold.
- A Artist - design a poster for getting back to Scouting, send it into your District ADC.
- T Think - of someone that helps you in some way and write a short letter to thank them.
- H How - pick an object and research how it works, let someone know your findings.
- O Obstacle - design and build an obstacle course, how quick can you complete it?
- M Map - draw a map of your local area from memory.
- E Exercise - set yourself a personal exercise challenge and work hard to achieve it.



EXPLORERS

- S** Sketching – Unleash the artist in you. Can you follow this [how to draw a realistic eye tutorial](#), draw a landscape or [#drawwithrob](#)
- C** Crest Award – Complete a [Crest Award](#) to complete the Skill Section of a Top Award – Bronze for your Platinum, Silver for your Diamond and Gold for your Queen Scout Award.
- O** Ornithology – Use the [RSPB's bird identifier](#) to survey your garden and local area and see which birds are visiting you. Who in your unit can see the most or the most unusual? Or [learn to identify bird song](#). The [RSPB](#) has a lot of activities you can do.
- U** Unit hoodies – now's the time to redesign (with the most up to date branding).
- T** Taste of Network – Run a joint virtual activity with your District Network members.
- I** International – plan a fundraiser for your next international Scout adventure.
- N** National Care Association – Join in the [Care for Care homes challenge](#). The Scout Association, over the next few weeks, is asking all members to collectively carry out 10,000 acts of kindness to help residents in their local care home. From crafts to letters, videos to swapping skills, our young people will help care home residents to feel less lonely and more connected during the current health crisis. You can [register your act of kindness here](#).
- G** Graphics for Games – Have a go, using [this Scratch project](#), at designing a basic space invader style computer game. Choose your theme, design the sprites and background for your computer game. Interested in finding out more about careers building games and have a go – check out In to Games – [Side Quest programme](#).
- A** Afternoon Tea Challenge – who in your unit can make the most impressive afternoon tea? This could be the ultimate scone challenge!
- T** Tik Tok Challenge – Can you rise to the challenge of a Tik Tok video?
- H** Hand crafted items can make great gifts – see what is available on Etsy. Take inspiration from Kirstie Allsop's [Keep Crafting and Carry on TV Show](#) and make your own master pieces.
- O** Outdoors – Enjoy the outdoors – Beat your personal best at running, cycling or walk the furthest you have since the start of lockdown (remember to stay safe and follow social distancing rules).
- M** Mood-boosting – Build your own [well-being box](#)
- E** Escape Room – Have a go at a virtual escape room – South Berkshire Explorer Scouts have designed this [one!](#) Or try the 16th Wyre Forest (St Michaels) & 6th Colwyn Bay Scout Troops - [The Great Hogwarts Escape](#).

network

- S Skills for life – vegetable growing – There is nothing like growing your own vegetables! Why not find something unique to grow like a “cucamelon” (also known as a Mexican Sour Gherkin)? Why not find the most interesting thing you can grow and have a competition with other members of Network to see who can grow the most unique vegetable? If you find out you have green thumb, why not develop this skill for your D of E or Queen’s Scout Award?
- C Crest Award – <https://members.scouts.org.uk/crestawards>
- O Outdoor and Adventure – Environment - With lockdown being eased in parks and on beaches, the number of tourists is increasing, this means that the amount of litter left behind is also increasing. Why not tidy up an area (making sure you take precautions for yourself such as gloves and a litter picker). This could be the start of a great Community section for your Queen’s Scout Award!
- U Universe – Download the SkyView Lite App and check out some of our world’s most unique astronomy.
- T Taste of Network – why not run a joint district 14-25 activity virtually.
- I Impact on the community - Do you volunteer with a section? Did you know that helping a younger section achieve their Community Impact Staged Activity Badge counts towards parts of the ICV list alternatively, you can complete the requirements of Stage 4 yourself for your Community section.
- N Network outfit – create a cool outfit for The WL Weekender - Theme is festival.
- G Global – Explorer Belt - While travelling is not an option at the minute, you can still do loads of online research! Why not get a team of 3 together and research a country that you can visit and complete your Explorer Belt after lockdown?
- A Around the world*
- T The WL Weekender* 21st-23rd August 2020
- H Heart rate – online Zumba*
- O Outside – get outside and complete the Strava app challenge, which animal can you make from your route.
- M Mental health – do something for you; take some time and do something that you enjoy.
- E Escape – virtual escape room*

*These will be online events that are hosted by the West Lancs Scout Network Team, look for details on <https://www.facebook.com/groups/WestLancsScoutNetwork/> or speak to your District Network Commissioner.